

Start	Finish	Friday, June 12		No. of Heats	Time Per Heat	Total Time	Notes
12:00:00	12:40:00	Cadets	Pre Runners	1	0:40:00	0:40:00	
12:40:00	12:50:00	Break		1	0:10:00	0:10:00	
12:50:00	13:20:00	C1M	Semi Final H1	1	0:30:00	0:30:00	1 heats of 5 - 3 Runs
13:20:00	13:50:00	C1M	Semi Final H2	1	0:30:00	0:30:00	1 heats of 6 - 3 Runs
13:50:00	14:10:00	Break		1	0:20:00	0:20:00	
14:10:00	14:40:00	K1JW	Semi Final H1	1	0:30:00	0:30:00	1 heats of 6 - 3 Runs
14:40:00	15:10:00	K1JW	Semi Final H2	1	0:30:00	0:30:00	1 heats of 6 - 3 Runs
15:10:00	15:30:00	Break		1	0:20:00	0:20:00	
15:30:00	16:00:00	K1W	Semi Final H1	1	0:30:00	0:30:00	1 heats of 5 - 3 Runs
16:00:00	16:30:00	K1W	Semi Final H2	1	0:30:00	0:30:00	1 heats of 5 - 3 Runs
16:30:00	16:50:00	Break		1	0:20:00	0:20:00	
16:50:00	17:25:00	K1M	Semi Final H1	1	0:35:00	0:35:00	1 heats of 5 - 3 Runs
17:25:00	18:00:00	K1M	Semi Final H2	1	0:35:00	0:35:00	1 heats of 5 - 3 Runs