

| Start | Finish | Wednesday, June 10 | | No. of Heats | Time Per Heat | Total Time | Notes |
|----------|----------|-------------------------|--------------------|--------------|---------------|------------|-----------------------------------|
| 10:30:00 | 11:10:00 | Cadets | Pre Runners | 1 | 0:40:00 | 0:40:00 | |
| 11:10:00 | 11:20:00 | | Break | 1 | 0:10:00 | 0:10:00 | |
| 11:20:00 | 12:20:00 | K1W | Heats | 2 | 0:30:00 | 1:00:00 | 1 heat of 6, 1 heat of 5 - 3 runs |
| 12:20:00 | 12:40:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 12:40:00 | 14:10:00 | K1W | Heats | 3 | 0:30:00 | 1:30:00 | 3 heats of 5 - 3 Runs |
| 14:10:00 | 14:45:00 | | Lunch | 1 | 0:35:00 | 0:35:00 | |
| 14:45:00 | 16:30:00 | K1JM | Heats | 3 | 0:35:00 | 1:45:00 | 1 heat of 6, 1 heat of 5 - 3 runs |
| 16:30:00 | 16:50:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 16:50:00 | 18:00:00 | K1JM | Heats | 2 | 0:35:00 | 1:10:00 | 2 heats of 5 - 3 Runs |
| Start | Finish | Thursday, June 11 | | No. of Heats | Time Per Heat | Total Time | Notes |
| 10:00:00 | 10:50:00 | Cadets | Pre Runners | 1 | 0:50:00 | 0:50:00 | |
| 10:50:00 | 11:00:00 | | Break | 1 | 0:10:00 | 0:10:00 | |
| 11:00:00 | 13:00:00 | K1M | Heats | 3 | 00:40:00 | 02:00:00 | 3 heats of 6 - 3 Runs |
| 13:00:00 | 13:20:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 13:20:00 | 14:30:00 | K1M | Heats | 2 | 00:35:00 | 01:10:00 | 2 heats of 5 - 3 Runs |
| 14:30:00 | 15:30:00 | | Break | 1 | 1:00:00 | 1:00:00 | |
| 15:30:00 | 16:40:00 | K1JM | Semi Final | 2 | 0:35:00 | 1:10:00 | 2 heats of 5 - 3 runs |
| 16:40:00 | 17:00:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 17:00:00 | 18:00:00 | C1W | Semi Final | 2 | 00:30:00 | 01:00:00 | 2 heat of 4 - 3 runs |
| Start | Finish | Friday, June 12 | | No. of Heats | Time Per Heat | Total Time | Notes |
| 12:00:00 | 12:40:00 | Cadets | Pre Runners | 1 | 0:40:00 | 0:40:00 | |
| 12:40:00 | 12:50:00 | | Break | 1 | 0:10:00 | 0:10:00 | |
| 12:50:00 | 13:50:00 | C1M | Semi Final | 2 | 0:30:00 | 1:00:00 | 2 heats of 5 - 3 Runs |
| 13:50:00 | 14:10:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 14:10:00 | 15:10:00 | K1JW | Semi Final | 2 | 0:30:00 | 1:00:00 | 1 heat of 6 - 3 Runs |
| 15:10:00 | 15:30:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 15:30:00 | 16:30:00 | K1W | Semi Final | 2 | 0:30:00 | 1:00:00 | 2 heats of 5 - 3 Runs |
| 16:30:00 | 16:50:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 16:50:00 | 18:00:00 | K1M | Semi Final | 2 | 0:35:00 | 1:10:00 | 2 heats of 5 - 3 Runs |
| Start | Finish | Saturday, June 13 | | No. of Heats | Time Per Heat | Total Time | Notes |
| 11:00:00 | 11:40:00 | C1W | Final | 1 | 0:40:00 | 0:40:00 | 1 heat of 5 - 3 Runs |
| 11:40:00 | 12:20:00 | C1M | Final | 1 | 0:40:00 | 0:40:00 | 1 heat of 5 - 3 Runs |
| 12:20:00 | 12:40:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 12:40:00 | 13:10:00 | Cadets | Final | 1 | 0:30:00 | 0:30:00 | |
| 13:10:00 | 13:45:00 | | Lunch | 1 | 0:35:00 | 0:35:00 | |
| 13:45:00 | 14:25:00 | K1JM | Final | 1 | 0:40:00 | 0:40:00 | 1 heat of 5 - 3 Runs |
| 14:25:00 | 15:05:00 | K1JW | Final | 1 | 0:40:00 | 0:40:00 | 1 heat of 5 - 3 Runs |
| 15:05:00 | 15:25:00 | | Break | 1 | 0:20:00 | 0:20:00 | |
| 15:25:00 | 16:05:00 | K1W | Final | 1 | 0:40:00 | 0:40:00 | 1 heat of 5 - 3 Runs |
| 16:05:00 | 16:45:00 | K1M | Final | 1 | 0:40:00 | 0:40:00 | 1 heat of 5 - 3 Runs |
| 16:45:00 | 18:00:00 | | Break | 1 | 1:15:00 | 1:15:00 | |
| 18:00:00 | 19:10:00 | Medals | | 7 | 0:10:00 | 1:10:00 | |
| 19:10:00 | 19:20:00 | Closing Ceremony | | 1 | 0:10:00 | 0:10:00 | |